

An aerial photograph of a beach. The top half of the image shows deep turquoise water with some white foam from waves breaking. The bottom half shows a wide, sandy beach with a light tan color. The text is overlaid on the water and sand.

SB

The Shark Bay

Boutique Hotel & Spa

*Spa Treatment Menu*

# The Shark Bay

*Nourish your mind, body, and spirit in an oasis of unparalleled tranquility.*

Experience a world of opulence and relaxation that is influenced by the timeless secrets of the Lagoon. At Shark Bay Boutique Hotel & Spa, our distinctive spa menu is infused with the essence of the world's four oceans. Offering an array of customized spa rituals and journeys to satisfy your body and soul's every craving. Our professional therapists will take you on a relaxing journey of rejuvenation, with treatments that are meticulously crafted to invigorate your senses and revitalize your body. Take advantage of our enticing spa specials, designed to cater to your unique preferences. Located in the picturesque town of Langebaan, Shark Bay Boutique Hotel & Spa provides a stunning backdrop of pristine white sandy beaches and the tranquil Shark Bay Lagoon, forming the perfect haven for relaxation and rejuvenation.



## SPA PACKAGES

### **PERFECT COUPLES ESCAPE**

Enjoy a romantic couple's full body massage with a relaxing scalp massage.

**1 HOURS  
R1500 PER COUPLE**

### **WEST COAST DELIGHT**

Enjoy a 30min Back, Neck and Shoulder Massage followed by a 30min SIX Energising Skin Treatment and ending off with a 30min pamper foot massage.

**1.5 HOURS | R1250 PER PERSON  
R2400 PER COUPLE**

### **STRESS AWAY**

Stress and muscle relief Back treatment with deluxe pedicure and lower leg treatment and relaxing Scalp Massage

**2.5 HOURS | R1650 PER PERSON  
R2990 PER COUPLE**

### **HALF DAY WALK IN THE PARK**

Enjoy an aromatic full body massage with revitalizing SIX Facial and Classic Manicure or Classic Pedicure. A glass of sparkling wine or juice is included.

**3 HOURS | R1850 PER PERSON  
R3550 PER COUPLE**

### **FULL DAY KRAALBAAI ESCAPE**

Spoil yourself with full body exfoliation and Micronized marine algae body wrap, relaxing full body massage, Rejuvenating facial treatment and a classic manicure and pedicure. A glass of sparkling wine or juice is included.

**6 HOURS | R3314 PER PERSON  
R6300 PER COUPLE**



Let the sea empower your beauty

"The sea has always been a source of vital energy for humans, which can regenerate you both physically and mentally. THALGO has taken inspiration from this for more than 50 years, combining efficiency and well-being"

#### **THALGO PURITY RITUAL EXFOLIATION**

Deeply Relaxing Body Treatment, providing intensive Re-Mineralization, Detoxification and Slimming effect.

- Back, Neck & Shoulder **R500 | 30min**
- Full Body **R720 | 60min**

#### **MICRONIZED MARINE ALGAE BODY WRAP & EXFOLIATION**

Deeply Relaxing Body Treatment, providing intensive Re-Mineralization, Detoxification and Slimming effect.

- Back Only Including Exfoliation **R650 | 45min**
- Full Body Including Exfoliation **R800 | 60min**

#### **JOURNEY THROUGH THE FAR EAST**

Dream of serenity on a journey to the Far East, to harmonise the body and calm the mind. Close your eyes and be swept away in a dream of serenity on a journey to the Far East: with each stop over, rich fragrances and gorgeous colours intertwine with the wealth of the sea, so that the body can let go in total harmony.

- Per Person **R1450 | 120min**
- Per Couple **R2600 | 120min**



## SIGNATURE BODY TREATMENT

Experience our specialized massages with unique oil blends that nourish and repair your skin while promoting overall well-being. Enjoy skin protection, enhanced softness, accelerated repair, muscle pain relief, and deep relaxation. Choose from: Uplifting Jasmine Flower, Hawaiian Coconut Reboot, Arnica & Mint Muscle Ease, or African Marula Booster.

### SWEDISH MASSAGE

Back, Neck & Shoulder Massage  
Back, Neck & Shoulder Massage  
Full Body

R500 | 30min  
R570 | 45min  
R750 | 60min

### DEEP TISSUE

Back, Neck & Shoulder Massage  
Back, Neck & Shoulder Massage  
Full Body

R610 | 30min  
R700 | 45min  
R850 | 60min

### HOT STONE

Back, Neck & Shoulder Massage  
Back, Neck & Shoulder Massage  
Full Body

R600 | 30min  
R752 | 45min  
R890 | 60min

### SCALP MASSAGE

R490 | 30min

### CBD FULL BODY SCRUB

R550 | 45min

### Treatment Enhancement

Localized Hot Stones  
30min add on Massage  
Specialised Oil

R200  
R300  
R100

# SIX<sup>®</sup> FACIALS

## ENERGIZING SKIN TREATMENT

R480 | 30min

An efficient express treatment that will be tailored to your specific needs. This is a great booster treatment or mini deep cleanse to add with other treatments and will rejuvenate, revitalise and refresh the skin.

## DOUBLE EXFOLIATING SKIN TREATMENT R550 | 45min

This treatment will couple and Energizing skin treatment with a choice of 3 spa rituals to provide a truly indulgent 45min experience. Choose from a Back massage, Foot or Indian Head massage rituals.

## REJUVENATING SKIN TREATMENT

R780 | 60min

This classic facial treatment will provide you with a unique sensorial experience as well as a thorough anti-ageing treatment. It restores the natural luminosity to your complexion and revitalizes tired, dull skin whilst smoothing out expression lines and wrinkles using professional massage and extraction techniques coupled with the advanced firming and rejuvenating ingredients to aid in nourishment, protection and maintenance of your skin and to stimulate production of collagen and elastin.

## INTELLIGENT SKIN TREATMENT

R950 | 90min

For the ultimate in relaxation and pampering experience this treatment combines an indulgent hot oil back massage and herbal compress treatment with a rejuvenating, revitalising facial that includes a double exfoliation, hand treatment and a heavenly signature facial massage.

## SIX MAN ON THE MOVE

R520 | 30min

## SIX MAN ENERGIZING FACIAL

R800 | 60min

Just the tonic for tired looking skin, a SIX MAN facial provides deep cleansing and hydration while helping to reduce fine lines and wrinkles. A thorough exfoliation will remove dull, dead skin cells and energise and invigorate the skin. With specific massage techniques the skin is left toned, refreshed and supple. A deeply relaxing scalp massage is performed whilst an exceptional mask is applied and left to set on the skin.

## ADD ON TREATMENT

Peel Off Masks

R250

Exfoliating Skin Treatment

R250

*Self-care is not an expense, it's an investment.*





## HANDS & FEET

<b>EXPRESS MANICURE</b> File, shape, buff and paint with nail polish	<b>R280   30min</b>
<b>EXPRESS PEDICURE</b> File, shape, buff and paint with nail polish	<b>R300   30min</b>
<b>CLASSIC MANICURE</b> Hand soak, scrub, massage, file, shape, buff and nail polish	<b>R360   60min</b>
<b>CLASSIC PEDICURE</b> Foot soak, scrub, massage, file, shape, buff and nail polish	<b>R400   60min</b>
<b>GEL MANICURE</b> Hand soak, scrub, massage, file, shape, buff and gel polish	<b>R480   75min</b>
<b>GEL PEDICURE</b> Foot soak, scrub, massage, file, shape, buff and gel polish	<b>R500   75min</b>
<b>MENS MANICURE</b> Scrub, file, shape, buff	<b>R300   30min</b>
<b>MENS PEDICURE</b> Scrub, file, shape, buff	<b>R350   45min</b>
<b>MEDI SOLUTION FOOT PEEL TREATMENT</b>	<b>R500   60min</b>

## TREATMENT ENHANCEMENT

Cuticle Treatment	R100
Gel Application	R250
Soak Off	FROM R150
Paraffin Dip	R200
Medi Foot Peel	R150

## GROOMING

Eyebrow Tint	R100
Eyelash Tint	R110
Brow Shape & Tint	R200
Lash and Brow Tint	R180
Lash and Brow Shape & Tint	R220

Eyebrow Wax	R100
Cheek Wax	R90
Chin Wax	R90
Lip Wax	R90
Full Face Wax	R250
Full Leg Wax	R280
Half Leg Wax	R180
Full Arm Wax	R160
Half Arm Wax	R140
Under Arm Wax	R140
Chest / Stomach / Back Wax	R240
Standard Bikini Wax	R190
Hollywood Wax	R350
Brazilian Wax	R290

# SPA ETIQUETTE & POLICIES

## Spa Environment

To preserve the Spa's tranquil and relaxing environment, we respectfully request that you leave all electronic devices turned off. Please respect the right to privacy and peacefulness that all our guests are entitled to.

## Hotel facilities

All facilities are unisex and therefore a no-nudity policy applies. Please wear appropriate swimwear. No running, jumping and no drinking in the pool.

## Spa Dress Code

Please wear whatever will be most comfortable for you to enjoy your treatment. Our therapists will also use a draping technique in order to respect your privacy.

## Arrival Time

All guests are requested to arrive 15 minutes prior to any treatment allowing time to complete a consultation form and to change. A late arrival may result in a shorter treatment whilst the full treatment fee will apply. Please ask to use shower facilities after treatment due to time allocation for next client.

## Valuables

We recommend that you do not wear any jewellery during the visit at the spa, please keep all your valuables (including cell phones) in your bag. We do not take responsibility for any loss or damage to personal belongings during treatments.

## Product Refund Policy

For hygiene reasons products purchased may not be returned or exchanged.

## Spa Child Policy

Regrettably the Spa does not accommodate children under the age of 12. All Children between the age of 12 & 16 must be accompanied by an adult. No price changes will be considered and prices will be charged as advertised.

## Cancellation Policy

Booking in advance is recommended. All clients must give a 24-hour notice to reschedule or cancel appointments. A 100% cancellation fee will be charged for No-Shows. Please be advised that we require full payment to secure and guarantee your booking. A room charge will be done for all hotel guests with a No-Refund policy for No-Show clients.

## Indemnity

Right of admission is reserved. We reserve the right to deny access to any person we deem to be acting in an inappropriate or unsafe manner. Treatments and the use of the facilities are at the client's own risk. The Shark Bay Spa will not be held liable for any adverse reactions during or after any treatment, or any other injury suffered on the premises.

### Operating Hours

Monday – Saturday: 09H00 – 16H00

Sundays & Public Holidays: 09H00 – 15H00

Spa Contact Number: 071 178 4064

Hotel Reception: 0800 008 792 / 067 336 9576

Email: [spamanager@thesharkbay.com](mailto:spamanager@thesharkbay.com)

[www.thesharkbay.com](http://www.thesharkbay.com)